



# Franklin Area High School Lunch Menu May-June 2022



**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

Choice of fat free chocolate, strawberry, or white Milk

**Daily Vegetable Choices May Include:**

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

**Daily Fruit Choices May Include:**

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**Leave Your Lunch at Home**

Daily entrée options may include:  
Cheese Burger on a Bun  
Chicken Patty on a Bun  
Assorted Sliced Pizza

**Weekly Menus  
\*Salad\***

Week 1: Crispy Chicken Salad  
2: Buffalo Chicken Salad w/ Roll  
3: Chef's Salad w/ roll  
4: Crispy Chicken Salad w/ Roll  
5: Buffalo Chicken Salad w/ Roll  
6: Caprese Pasta Salad with Roll

**\*Sandwich/Wrap\***

Week 1: Ham & Cheese Wrap  
2: Turkey and Swiss on Baguette  
3: Buffalo chicken Wrap  
4: Taco Chicken Roll  
5: Chicken Caesar Roll  
6: Italian Wrap

**MONDAY  
5/9/2022**

**TUESDAY  
5/10/2022**

**WEDNESDAY  
5/11/2022**

**THURSDAY  
5/12/2022**

**FRIDAY  
5/13/2022**



## Market Street Deli

**Week 1**

| Entrée  | Entrée   | Entrée   | Entrée   | Entrée  |
|---|--|--|--|---|
| Breaded Italian Chicken w/ Roll   | Spaghetti and Meatballs w/ Garlic Knot   | Beef Enchilada Chicken w/ Roll   | Classic Toasted Cheese Sandwich  | Popcorn Chicken and Mashed Potato Bowl topped with Cheddar Cheese w/ Dinner Roll                          |
| <b>FEATURED VEGGIES</b><br>Steamed Broccoli<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Green Beans<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Carrots<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Tomato Soup<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Corn<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk |

**5/16/2022**

**5/17/2022**

**5/18/2022**

**5/19/2022**

**5/20/2022**



## Poblano Mex-American

**Week 2**

| Entrée   | Entrée   | Entrée   | Entrée  | Entrée  |
|--|--|--|---|---|
| Italian Meatball and Cheese on a Toasted Baguette  | Hot Dog w/ Chili Sauce   | Cowboy Burger w/ Cheese, Onion Rings, and Hickory Smoke BBQ Sauce  | Chicken or Beef Philly Cheesesteak on on Toasted Baguette   | Loaded Bacon & Cheddar Pierois  |
| <b>FEATURED VEGGIES</b><br>Green Beans<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Buttered Corn<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Curly Fries<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Crinkle Cut Oven Fries<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Mixed Vegetables<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk |

**5/23/2022**

**5/24/2022**

**5/25/2022**

**5/26/2022**

**5/27/2022**



## Cyclone Street Noodles

**Week 3**

| Entrée  | Entrée   | Entrée   | Entrée  | Entrée   |
|---|--|--|---|--|
| BBQ Chicken Dinner Roll   | Sloppy Joe   | County Fair Corn Dog   | Fajita Grill Chimichurri Pork or Steak in soft Tortillas  | Buffalo Chicken Dip Over Tortilla Chins  |
| <b>FEATURED VEGGIES</b><br>Tater Tots<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Garden Peas<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baked Beans<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Sautéed Peppers and Onions<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Roasted Lemon & Parm Broccoli<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk |

**5/30/2022**

**5/31/2022**

**6/1/2022**

**6/2/2022**

**6/3/2022**



## Texas Smokehouse

**Week 4**

| Entrée                    | Entrée   | Entrée  | Entrée  | Entrée   |
|---------------------------|--|---|---|--|
| MEMORIAL DAY<br>NO SCHOOL | Beef Nachos Grande   | General Tso's Chicken served over White rice  | Breakfast for Lunch Breakfast Sandwich  | Chimichurri Pork Roast with Mango Salsa on a Bun   |
|                           | <b>FEATURED VEGGIES</b><br>Refried Beans<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Broccoli<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Tri Hash Brown<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Golden Corn<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk |

**6/6/2022**

**6/7/2022**

**6/8/2022**

**6/9/2022**

**6/10/2022**



**Week 5**

| Entrée  | Entrée   | Entrée | Entrée | Entrée |
|---|--|--------|--------|--------|
| Chicken Nuggets w/ Dinner Roll  | Cheeseburger on a Bun or Cook's Choice Entrée  |        |        |        |
| <b>FEATURED VEGGIES</b><br>French Fries<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Steamed Golden Corn<br>Assorted Fresh Vegetables<br>Choice of Fruit<br>Choice of Milk |        |        |        |

**6/13/2022**

**6/14/2022**

**6/15/2022**

**6/16/2022**

**6/17/2022**



**LUNCH PRICES:**

Student \$0.00  
Reduced \$0.00  
Adult \$3.95

General Manager Office  
Phone Number: (814) 432-2121 ex 2120  
Email: aalbertt@fasd.k12.pa.us

**Menu subject to change based on availability**

USDA is an equal opportunity provider and employer.