

# Franklin Area High School **Lunch Menu May-June 2022**





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Week 1

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

> Meat or Meat Alternate Choice of Vegetable Choice of Fruit Grain/Bread Choice of fat free chocolate.

## strawberry, or white Milk Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

### Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices and Mandarin Oranges

# Leave Your Lunch at Home

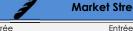
Daily entrée options may include: Cheese Burger on a Bun Chicken Patty on a Bun Assorted Sliced Pizza

#### **Weekly Menus** \*Salad\*

Week 1: Crispy Chicken Salad 2: Buffalo Chicken Salad w/ Roll 3: Chef's Salad w/ roll 4: Crispy Chicken Salad w/ Roll 5: Buffalo Chicken Salad w/ Roll 6: Caprese Pasta Salad with Roll

### \*Sandwich/Wrap\*

Week1: Ham & Cheese Wrap 2: Turkey and Swiss on Baquette 3: Buffalo chicken Wrap 4: Taco Chicken Roll 5:Chicken Caesar Roll 6: Italian Wrap



**Market Street Deli** 

Entrée

Entrée Breaded Italian w/ Roll

FEATURED VEGGIES Steamed Broccoli Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Italian Meatball and

Cheese on a Toasted Baquette

**FEATURED VEGGIES** 

Green Beans

Assorted Fresh Vegetables

Choice of Fruit

Entrée Spaghetti and Meatballs w/ Garlic Knot

**FEATURED VEGGIES** Green Beans

Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Beef Enchilada w/ Roll

**FEATURED VEGGIES** 

Steamed Carrots Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Classic Toasted Cheese Sandwich

Entrée

**FEATURED VEGGIES** Tomato Soup Assorted Fresh Vegetables Choice of Fruit

Popcorn Chicken and Mashed Potato Bowl topped with Cheddar Cheese w/ Dinner Roll **FEATURED VEGGIES** Steamed Corn Assorted Fresh Vegetables Choice of Fruit

5/17/2022

5/18/2022 Poblano Mex-American Choice of Milk 5/19/2022

Choice of Milk 5/20/2022

Week 2



Entrée

Hot Dog w/ Chili Sauce

**FEATURED VEGGIES** Buttered Corn

orted Fresh Vegetables Choice of Fruit Choice of Milk

Entrée Cowboy Burger w/ Cheese. Onion Rinas. and Hickory Smoke BBQ Sauce

**FEATURED VEGGIES** 

Curly Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Entrée Chicken or Beef Philly Cheesesteak on on Toasted Baguette

**FEATURED VEGGIES** 

Crinkle Cut Oven Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Entrée Loaded Bacon & Cheddar **Pieroais** 

**FEATURED VEGGIES** 

Steamed Mixed Vegetables Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Choice of Milk 5/23/2022

5/24/2022

5/25/2022 Cyclone Street Noodles

5/26/2022

5/27/2022

Week 3

Entrée BBQ Chicken

Dinner Roll **FEATURED VEGGIES** 

Tater Tots Assorted Fresh Vegetables Choice of Fruit Choice of Milk

MEMORIAL DAY

NO SCHOOL

Entrée Sloppy Joe

FEATURED VEGGIES Steamed Garden Peas Assorted Fresh Vegetables Choice of Fruit

Choice of Milk 5/31/2022

Entrée

Nachos Grande

**FEATURED VEGGIES** 

Refried Beans

Assorted Fresh Vegetables

Entrée County Fair Corn Dog

FFATURED VEGGIES Baked Beans Assorted Fresh Vegetables Choice of Fruit

Choice of Milk 6/1/2022

Entrée

served over

White rice

**FEATURED VEGGIES** 

Broccoli Assorted Fresh Vegetables

General Tso's Chicken

Entrée Fajita Grill Chimichurri Pork or

Steak in soft Tortillas FFATURED VEGGIES

Sautéed Peppers and Onions Assorted Fresh Vegetables Choice of Fruit Choice of Milk

6/2/2022

Breakfast for Lunch

**Breakfast** 

Entrée Buffalo Chicken Dip Over Tortilla Chips

**FEATURED VEGGIES** Roasted Lemon & Parm Broccoli Assorted Fresh Vegetables Choice of Fruit

Choice of Milk 6/3/2022



**Texas Smokehouse** 



Entrée

Sandwich **FEATURED VEGGIES** 

Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Entrée Chimichurri Pork Roast with Mango Salsa

Week 4

on a Bun **FEATURED VEGGIES** Steamed Golden Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk

6/6/2022

Choice of Fruit Choice of Milk 6/7/2022

Choice of Fruit Choice of Milk 6/8/2022

6/9/2022

6/10/2022



Entrée Chicken Nuggets w/ Dinner Roll

> FEATURED VEGGIES French Fries

Entrée

Cheeseburger on a Bun Cook's Choice Entrée

**FEATURED VEGGIES** Steamed Golden Corn Entrée

Entrée

Entrée

Week 5

Assorted Fresh Vegetables Choice of Fruit Choice of Milk

Assorted Fresh Vegetables Choice of Fruit Choice of Milk

6/15/2022

6/16/2022

6/17/2022



**LUNCH PRICES:** 

Reduced \$0.00 Adult \$3.95 General Manager Office Phone Number: (814) 432-2121 ex 2120

Email: ailbertt@fasd.k12.pa.us Menu subject to change based on availability

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