




Franklin Area High School December 2022



MONDAY 11/28/2022	TUESDAY 11/29/2022	WEDNESDAY 11/30/2022	THURSDAY 12/1/2022	FRIDAY 12/2/2022
Bravo!				
Poblano Mex-American				
Week 2				

Entrée 	Entrée Hot Dog w/ Chili Sauce on a Bun FEATURED VEGGIES Buttered Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Build a Burger Grill Choice of Cheeses Onions and Mushrooms Onion Rings and Bacon FEATURED VEGGIES Curly Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Chicken or Beef Philly Cheesesteak on a bun FEATURED VEGGIES Crinkle Cut Oven Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Popcorn Chicken and Mashed Potato Bowl topped with Cheddar Cheese w/ Dinner Roll FEATURED VEGGIES Steamed Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk
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12/5/2022	12/6/2022	12/7/2022	12/8/2022	12/9/2022
Bravo!				
Cyclone Street Noodles				
Week 3				

Entrée Fish Sticks Dinner Roll FEATURED VEGGIES Tater Tots Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Stoppo Joe on a bun FEATURED VEGGIES Steamed Garden Peas Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée BBQ Chicken FEATURED VEGGIES Baked Potato w/ Toppings Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Breakfast for Lunch French Toast Sticks and Sausage FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Buffalo Chicken Dip Over Tortilla Chios FEATURED VEGGIES Steamed Buttered Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk
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12/12/2022	12/13/2022	12/14/2022	12/15/2022	12/16/2022
Bravo!				
Texas Smokehouse				
Week 4				

Entrée Chicken Alfredo over Penne w/ Bread Stick FEATURED VEGGIES Steamed Mixed Vegetables Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Beef Nachos Grande FEATURED VEGGIES Refried Beans Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée General Tso's Chicken served over White rice FEATURED VEGGIES Green Beans Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Classic Toasted Cheese Sandwich Featured Veggies Tomato Soup Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Fresh - Dough Pepperoni and Cheese Stromboli with Marinara Dipping Sauce FEATURED VEGGIES Steamed Peas Assorted Fresh Vegetables Choice of Fruit Choice of Milk
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12/19/2022	12/20/2022	12/21/2022	12/22/2022	12/23/2022
Bravo!				
Pittsburgh Style Salad Bar				
Week 5				

Entrée Lasagna Rollups w/ Garlic Bread Featured Veggies Green Beans Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Chicken Gravy served over biscuits FEATURED VEGGIES Steamed Golden Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Meat Loaf w/ Roll FEATURED VEGGIES Mashed Potatoes & Gravy Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Waffles & Sausage FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk
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12/26/2022	12/27/2022	12/28/2022	12/29/2022
Bravo!			
Week 6			



1/2/2023	1/3/2023	1/4/2023	1/5/2023	1/6/2023
Bravo!				
Market Street Deli				
Week 1				

Entrée No School HAPPY NEW YEAR	Entrée Chicken Nuggets w/ Pretzel rod FEATURED VEGGIES Green Beans Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Beef Enchilada w/ Roll Featured Veggies Steamed Carrots Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Breakfast for Lunch Breakfast Sandwich FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Entrée Popcorn Chicken and Mashed Potato Bowl topped with Cheddar Cheese w/ Dinner Roll FEATURED VEGGIES Steamed Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk
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What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of fat free chocolate, strawberry, or white Milk

Daily Vegetable Choices May Include:

Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Leave Your Lunch at Home

Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Assorted Sliced Pizza

Weekly Menus

Salad

- Week 1: Crispy Chicken Salad
- 2: Buffalo Chicken Salad w/ Roll
- 3: Chef's Salad w/ roll
- 4: Grilled Chicken Salad w/ Roll
- 5: Buffalo Chicken Salad w/ Roll
- 6: Caprese Pasta Salad with Roll

Sandwich/Wrap

- Week 1: Ham & Cheese Wrap
- 2: Turkey and Swiss on Baguette
- 3: Buffalo chicken Wrap
- 4: Taco Chicken Roll
- 5: Chicken Caesar Roll
- 6: Italian Wrap



LUNCH PRICES:

Student \$0.00
Reduced \$0.00
Adult \$4.05

General Manager: David Pankratz
Phone Number: (814) 432-2121 ex 2120
Email: pankratzd@fasd.k12.pa.us

Menu subject to change based on availability

USDA is an equal opportunity provider and employer.