Franklin Area School District - Central, Victory, and Sandycreek Elementary Schools
August-September 2022

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk

Daily Vegetable Choices May Include:
Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Lima Beans, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

Daily Fruit Choices May Include:
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

Uncrustable Craveable Daily!
Craveable of the week!
Salad of the week!

CRAVEABLES

Come join our team, we are hiring!

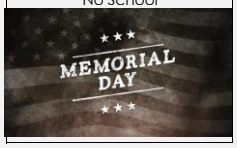
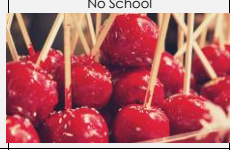
Menu Subject To Change Based On Availability

Metz CULINARY MANAGEMENT

LUNCH PRICES:
Student $2.30
Reduced $0.40
Adult $3.95

General Manager: David Pankratz
Phone Number: (814) 432-2121 ex 2120
Email: pankratzd@fasd.k12.pa.us

USDA is an equal opportunity provider and employer.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
	Pizza Craveable - OR - Chicken Caesar Salad			Week 1
Entrée	Entrée	Entrée	Entrée	Entrée
	Beef Enchilada FEATURED VEGGIES Curly Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Nuggets w/ Dinner Roll FEATURED VEGGIES Mashed Potatoes w/ Gravy Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Breakfast for Lunch Breakfast Sandwich FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Popcorn Chicken and Mashed Potato Bowl topped with Cheddar Cheese w/ Dinner Roll FEATURED VEGGIES Steamed Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk
6	7	8	9	10
	Nacho Craveable - OR - Chef Salad			Week 2
Entrée	Entrée	Entrée	Entrée	Entrée
Memorial Day No School 	Hot Dog on a Bun FEATURED VEGGIES Buttered Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Cheeseburger on a bun FEATURED VEGGIES Curly Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Beef Philly Cheesesteak on a Bun FEATURED VEGGIES Crinkle Cut Oven Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Pierogies with Kielbasa FEATURED VEGGIES Steamed Mixed Vegetables Assorted Fresh Vegetables Choice of Fruit Choice of Milk
13	14	15	16	17
	Italian Craveable - OR - Grilled Chicken Salad			Week 3
Entrée	Entrée	Entrée	Entrée	Entrée
BBQ Chicken w/ Dinner Roll FEATURED VEGGIES Tater Tots Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Sloppy Joe on a bun FEATURED VEGGIES Peas & Carrots Assorted Fresh Vegetables Choice of Fruit Choice of Milk	County Fair Corn Dog FEATURED VEGGIES Baked Potato w/ Toppings Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Breakfast for Lunch French Toast Sticks and Sausage FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Stuffed Crust Pizza FEATURED VEGGIES Roasted Lemon & Parm Broccoli Assorted Fresh Vegetables Choice of Fruit Choice of Milk
20	21	22	23	24
	Yogurt Craveable - OR - Philly Cheesesteak Salad			Week 4
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Alfredo over Penne w/ Dinner Roll FEATURED VEGGIES Steamed Mixed Veggies Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Beef Nachos Grande FEATURED VEGGIES Refried Beans Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Mozzarella Breadsticks w/ Marinara Sauce FEATURED VEGGIES Cheesy Broccoli Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Classic Toasted Cheese Sandwich FEATURED VEGGIES Tomato Soup Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Chicken Sticks FEATURED VEGGIES Mixed Vegetables Assorted Fresh Vegetables Choice of Fruit Choice of Milk
27	28	29	30	1
	Grilled Chicken Craveable - OR - Greek Salad			Week 5
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Patty on a Bun FEATURED VEGGIES Shoestring French Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Beef Soft Tacos FEATURED VEGGIES Steamed Golden Corn Assorted Fresh Vegetables Choice of Fruit Choice of Milk	BBQ Ribby on a Bun FEATURED VEGGIES Green Peas Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Pancakes & Sausage FEATURED VEGGIES Tri Hash Brown Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Pasta and Meat sauce w/ Bread Stick FEATURED VEGGIES Tater Tots Assorted Fresh Vegetables Choice of Fruit Choice of Milk
4	5	6	7	8
	Turkey Craveable - OR - Farm Tossed Salad			Week 6
Entrée	Entrée	Entrée	Entrée	Entrée
Chicken Parmesan Sandwich with Melted Mozzarella FEATURED VEGGIES Green Peas Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Pizza Burger w/ Garlic Stick FEATURED VEGGIES Steamed Broccoli Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Hot Ham and Cheese Pretzel Melt FEATURED VEGGIES Sweet Potato Fries Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Italian Hoagie FEATURED VEGGIES Peas and Carrots Assorted Fresh Vegetables Choice of Fruit Choice of Milk	Apple Fest No School