



## Franklin Area High School BREAKFAST



**MONDAY**  
8/29/2022

**TUESDAY**  
8/30/2022

**WEDNESDAY**  
8/31/2022

**THURSDAY**  
9/1/2022

**FRIDAY**  
9/2/2022



Entrée	Entrée	Entrée	Entrée	Entrée
	Cinni Mini	Waffle	Assorted Muffins with Yoaurt	Assorted Donuts
	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

9/5/2022


9/6/2022

9/7/2022

9/8/2022

9/9/2022



Entrée	Entrée	Entrée	Entrée	Entrée
Memorial Day No School	Assorted Pastries	Dutch Waffle w/ Svruop	Assorted Muffins with Yoaurt	Cream Cheese Filled Baedel
	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

9/12/2022

9/13/2022

9/14/2022

9/15/2022

9/16/2022



Entrée	Entrée	Entrée	Entrée	Entrée
Chocolate Chip Breakfast Bar	Assorted Cereal Bar with Trix Yoaurt	Assorted Cereal Breakfast	Assorted Muffins with Yoaurt	Pancake on a Stick w/ Svruop
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

9/19/2022

9/20/2022

9/21/2022

9/22/2022

9/23/2022



Entrée	Entrée	Entrée	Entrée	Entrée
Apple or Cherry Frudel	Cinnamon Roll	Waffle	Assorted Muffins with Yoaurt	Assorted Donuts
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

9/26/2022

9/27/2022

9/28/2022

9/29/2022

9/30/2022



Entrée	Entrée	Entrée	Entrée	Entrée
Cinnamon Roll	Assorted Pastries	Dutch Waffle w/ Syrup	Assorted Muffins with Yogurt	Cream Cheese Filled Bagel
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk

10/3/2022


10/4/2022

10/5/2022

10/6/2022

10/7/2022



Entrée	Entrée	Entrée	Entrée	Entrée
Chocolate Chip Breakfast Bar	Assorted Cereal Bar with Trix Yogurt	Assorted Cereal Breakfast	Assorted Muffins with Yogurt	Apple Fest No School
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	



**What is a Meal?**

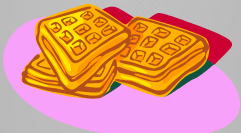
You must choose at least 3 of 4 components available for the school breakfast price.  
Choice of grain or grain/protein, choice of fruit, and choice of milk  
1% White, Fat Free White, Fat Free Chocolate, or Fat Free Strawberry

**FRUIT MAY INCLUDE**

You must choose at least 1/2 cup!  
Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, canned mandarin oranges, 100% juice, fresh fruit selection

**Whole Grain Cereal Selection May Include, But Not Limited To:**

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Honey Nut Cheerios
- Fruit Loops
- Frosted Flakes
- CheX
- Served with (1) Mini Loaf



**Come join our team, we are hiring!**

Menu Subject To Change Based On Availability



**LUNCH PRICES:**  
Student \$1.35  
Reduced \$0.30  
Adult \$2.00

General Manager Office  
Phone Number: (814) 432-2121 ex 2120  
Email: pankratzd@fasd.k12.pa.us

USDA is an equal opportunity provider and employer.