

April

18-19



FRANKLIN ELEMENTARY BREAKFAST MENU



What is a BREAKFAST Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein

Choice of fruit or vegetable
(must take at least a 1/2 cup)
and

Choice of Milk

Choice of Milk - fat-free white, chocolate,
vanilla and strawberry

You must take at least 1/2 cup of fruit or
vegetable

Fruit May Include:

Canned peaches, applesauce, pears,
pineapple, fruit cocktail, mandarin oranges,
100% juice (apple, orange, grape), fresh fruit
selection including apples, bananas and
oranges

Whole Grain Cereal Selection

May Include:

Cinnamon Toast Crunch, Trix, Cocoa Puffs,
Fruity Cheerios, Honey Nut Cheerios, Fruit
Loops, Frosted Flakes, Chex

Served with Mini Loaf



Breakfast Prices:

Student \$1.25
Reduced \$3.00
Adult \$2.00

District menus are also posted on the FASD website, homepage/parent resources.

FASD Food Service Director/GM

814-432-2121 ext. 2120

fasdfoodservice@fasd.k12.pa.us

USDA is an equal opportunity provider and employer.

Monday

4/1

Dutch Waffles

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

2

4/8

Flapstick

with Syrup

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

1

4/15

Dutch Waffles

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

2

4/22



1

4/29

Dutch Waffles

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

2

Tuesday

4/2

Oatmeal with Assorted

Toppings

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/9

Breakfast Pizza

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/16

Oatmeal with Assorted

Toppings

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/23

Breakfast Pizza

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/30

Oatmeal with Assorted

Toppings

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

Wednesday

4/3

Mini Pancakes

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/10

Fresh Fruit and Flavored

Yogurt Parfait

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/17

Mini Pancakes

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/24

Fresh Fruit and Flavored

Yogurt Parfait

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

5/1

Thursday

4/4

Warm Muffin

with Trix Yogurt

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/11

Mini Donuts

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/18

Warm Muffin

with Trix Yogurt

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/25

Mini Donuts

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

5/2

Friday

4/5

Sausage Egg and Cheese

Croissant

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/12

Ham, Egg, and Cheese

Bagel

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

4/19



4/26

Ham, Egg, and Cheese

Bagel

or

Assorted Cereals

with Mini Loaf

Assorted 100% Fruit Juice

or Assorted Fresh Fruit or

Assorted Canned Fruit

Choice of Milk

5/3