

# February

18-19

## What is a BREAKFAST Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein

Choice of fruit or vegetable  
(must take at least a 1/2 cup)  
and

Choice of Milk

Choice of Milk - fat-free white, chocolate,  
vanilla and strawberry

You must take at least 1/2 cup of fruit or  
vegetable

## Fruit May Include:

Canned peaches, applesauce, pears,  
pineapple, fruit cocktail, mandarin oranges,  
100% juice (apple, orange, grape), fresh fruit  
selection including apples, bananas and  
oranges

## Whole Grain Cereal Selection

### May Include:

Cinnamon Toast Crunch, Trix, Cocoa Puffs,  
Fruity Cheerios, Honey Nut Cheerios, Fruit  
Loops, Frosted Flakes, Chex

Served with Mini Loaf



## Breakfast Prices:

Student \$1.25  
Reduced \$3.00  
Adult \$2.00

District menus are also posted on the FASD website, homepage/parent  
resources.

FASD Food Service Director/GM

814-432-2121 ext. 2120

[fasdfoodservice@fasd.k12.pa.us](mailto:fasdfoodservice@fasd.k12.pa.us)

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# FRANKLIN ELEMENTARY BREAKFAST MENU

Monday

1/28

Tuesday

1/29

Wednesday

1/30

Thursday

1/31

Friday

2/1

I  SCHOOL BREAKFAST

1

2/4

Waffles

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/5

Blueberry Bread

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/6

Mini Pancakes

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/7

Powdered Donuts

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/8

Sausage, Egg, and Cheese  
Muffin

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2

2/11

Flapstick  
with Syrup

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/12

Breakfast Pizza

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/13

Cinnamon Rolls

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/14

Chocolate Donuts

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/15

Ham, Egg, and Cheese  
Bagel

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

1

2/18



2/19

Blueberry Bread

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/20

Mini Pancakes

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/21

Powdered Donuts

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/22

Sausage, Egg, and Cheese  
Muffin

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2

2/25

Flapstick  
with Syrup

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/26

Breakfast Pizza

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/27

Cinnamon Rolls

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

2/28

Chocolate Donuts

or  
Assorted Cereals  
with Mini Loaf  
Assorted 100% Fruit Juice  
or Assorted Fresh Fruit or  
Assorted Canned Fruit  
Choice of Milk

1