

January

18-19

FRANKLIN ELEMENTARY BREAKFAST MENU



What is a BREAKFAST Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein

Choice of fruit or vegetable
(must take at least a 1/2 cup)
and

Choice of Milk

Choice of Milk - fat-free white, chocolate,
vanilla and strawberry

You must take at least 1/2 cup of fruit or
vegetable

Fruit May Include:

Canned peaches, applesauce, pears,
pineapple, fruit cocktail, mandarin oranges,
100% juice (apple, orange, grape), fresh fruit
selection including apples, bananas and
oranges

Whole Grain Cereal Selection

May Include:

Cinnamon Toast Crunch, Trix, Cocoa Puffs,
Fruity Cheerios, Honey Nut Cheerios, Fruit
Loops, Frosted Flakes, Chex

Served with Mini Loaf



Breakfast Prices:

Student \$1.25
Reduced \$3.00
Adult \$2.00

District menus are also posted on the FASD website, homepage/parent
resources.

FASD Food Service Director/GM

814-432-2121 ext. 2120

fasdfoodservice@fasd.k12.pa.us

USDA is an equal opportunity provider and employer.

Monday

1/31

**NEW
YEAR'S
EVE**

1

1/7

Waffles

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

2

1/14

Flapstick
with Syrup
or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1

1/21

**No
School**

2

1/28

Flapstick
with Syrup
or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1

Tuesday

1/1

**HAPPY
NEW YEAR**

1/8

Blueberry Bread

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/15

Breakfast Pizza

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/22

Blueberry Bread

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/29

Breakfast Pizza

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

Wednesday

1/3

Cinnamon Rolls
or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/9

Mini Pancakes

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/16

Cinnamon Rolls

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/23

Mini Pancakes

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/30

Cinnamon Rolls

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

Thursday

1/5

Chocolate Donuts
or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/10

Powdered Donuts

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/17

Chocolate Donuts

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/24

Powdered Donuts

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/31

Chocolate Donuts

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

Friday

1/4

Ham, Egg, and Cheese
Bagel
or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/11

Sausage, Egg, and Cheese
Muffin

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk

1/18

No School
Act 80
Day

1/25

Sausage, Egg, and Cheese
Muffin

or
Assorted Cereals
with Mini Loaf
Assorted 100% Fruit Juice
or Assorted Fresh Fruit or
Assorted Canned Fruit
Choice of Milk