

NOVEMBER 2020



What is a Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Choice of grain or grain/protein, choice of fruit, and choice of milk
1% White, Fat Free White, Fat Free Chocolate, or Fat Free Strawberry

FRUIT MAY INCLUDE

You must choose at least 1/2 cup!

Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, canned mandarin oranges, 100% juice, fresh fruit selection

Whole Grain Cereal Selection May Include, But

Not Limited To:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Honey Nut Cheerios
- Fruit Loops
- Frosted Flakes
- Chex
- Served with Mini Loaf



Breakfast Prices

Student \$1.25
Reduced \$.30
Adult \$2.00

General Manager Tim Gilbert
Phone Number (814) 432-2121
Email gilbertt@fasd.k12.pa.us

USDA is an equal opportunity provider and employer.

Franklin Area High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Hot Breakfast Friday!
2 Pillsbury Apple Strudel Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	3 Poptarts with Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4 Chewy Granola Bar with Trix Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	5 Cinni Minnis Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	6 
9 Cereal Breakfast Pocket Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	10 Mini Donuts Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	11 Chocolate Chip Muffins Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	12 Eggo Frech Toast Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	13 Breakfast Pizza Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
16 Pillsbury Apple Strudel Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	17 Poptarts with Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	18 Chewy Granola Bar with Trix Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	19 Cinni Minnis Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	20 Breakfast Egg and Sausage Sandwich Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
23 Cereal Breakfast Pocket Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	24 Mini Donuts Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	25 26 27 		
30 	1 Poptarts with Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	2 Chewy Granola Bar with Trix Yogurt Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	3 Cinni Minnis Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	4 Breakfast Egg and Sausage Sandwich Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk