

Franklin Area High School 18-19

April Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4/1/19	4/2/19	4/3/19	4/4/19	4/5/19
Flapsticks with Syrup or Assorted Cereals with Mini Loaf	Breakfast Pizza or Assorted Cereals with Mini Loaf	Pancakes Bacon or Assorted Cereals with Mini Loaf	Fresh Fruit & Granola Parfait or Assorted Cereals with Mini Loaf	Breakfast Sandwiches on English Muffins or Assorted Cereals with Mini Loaf
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/8/19	4/9/19	4/10/19	4/11/19	4/12/19
Cheddar Omelette with Hash Brown or Assorted Cereals with Mini Loaf	Assorted Sliced Breakfast Breads or Assorted Cereals with Mini Loaf	French Toast Sausage or Assorted Cereals with Mini Loaf	Warm Muffin or Assorted Cereals with Mini Loaf	Breakfast Burritos or Assorted Cereals with Mini Loaf
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/15/19	4/16/19	4/17/19	4/18/19	4/19/19
Flapsticks with Syrup or Assorted Cereals with Mini Loaf	Breakfast Pizza or Assorted Cereals with Mini Loaf	Pancakes Bacon or Assorted Cereals with Mini Loaf	Fresh Fruit & Granola Parfait or Assorted Cereals with Mini Loaf	
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	
4/22/19	4/23/19	4/24/19	4/25/19	4/26/19
	Assorted Sliced Breakfast Breads or Assorted Cereals with Mini Loaf	French Toast Sausage or Assorted Cereals with Mini Loaf	Warm Muffin or Assorted Cereals with Mini Loaf	Breakfast Burritos or Assorted Cereals with Mini Loaf
	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
4/29/19	4/30/19	5/1/19	5/2/19	3/29/19
Flapsticks with Syrup or Assorted Cereals with Mini Loaf	Breakfast Pizza or Assorted Cereals with Mini Loaf			
Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk			

What is a BREAKFAST Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of: Grain or grain/protein
- Choice of fruit or vegetable (must take at least a 1/2 cup) and
- Choice of Milk
- Choice of Milk - fat-free white, chocolate, vanilla and strawberry

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Honey Nut Cheerios
- Fruit Loops
- Frosted Flakes
- Chex

Served with Mini Loaf

ALSO AVAILABLE DAILY:

- Bagel With Cream Cheese
- Yogurt With Mini Loaf PB&J
- Graham Snackers Mini
- Chocolate Or Powdered Donuts

Student Paid Breakfast \$1.25 Student Reduced Breakfast \$0.30 Adult Breakfast \$2.00