

# Franklin Area High School 18-19

## March Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2/25/19</b>	<b>2/26/19</b>	<b>2/27/19</b>	<b>2/28/19</b>	<b>3/1/19</b>
Breakfast Burritos or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk				
<b>3/4/19</b>	<b>3/5/19</b>	<b>3/6/19</b>	<b>3/7/19</b>	<b>3/8/19</b>
Waffles with Home Fries or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Fruit and Granola Yogurt Parfait or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Breakfast Bowl or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	French Toast Sticks with Sausage or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Breakfast Sandwiches on English Muffins or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>3/11/19</b>	<b>3/12/19</b>	<b>3/13/19</b>	<b>3/14/19</b>	<b>3/15/19</b>
Cinnamon Rolls or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Banana Bread or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	French Toast Sausage or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Iced Donuts or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	
<b>3/18/19</b>	<b>3/19/19</b>	<b>3/20/19</b>	<b>3/21/19</b>	<b>3/22/19</b>
Flapsticks with Syrup or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Pancakes Bacon or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Glazed Donuts or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Breakfast Sandwiches on English Muffins or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>3/25/19</b>	<b>3/26/19</b>	<b>3/27/19</b>	<b>3/28/19</b>	<b>3/29/19</b>
Cinnamon Rolls or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Banana Bread or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	French Toast Sausage or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Iced Donuts or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Breakfast Burritos or Assorted Cereals with Mini Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
<b>Student Paid Breakfast \$1.25   Student Reduced Breakfast \$0.30   Adult Breakfast \$2.00</b>				

**What is a BREAKFAST Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.

**Choice of: Grain or grain/protein**  
**Choice of fruit or vegetable (must take at least a 1/2 cup) and**  
**Choice of Milk**  
**Choice of Milk - fat-free white, chocolate, vanilla and strawberry**

**Fruit May Include:**  
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, grape), fresh fruit selection including apples, bananas and oranges

**Whole Grain Cereal Selection May Include:**  
 Cinnamon Toast Crunch  
 Trix  
 Cocoa Puffs  
 Fruity Cheerios  
 Honey Nut Cheerios  
 Fruit Loops  
 Frosted Flakes  
 Chex

Served with Mini Loaf

**ALSO AVAILABLE DAILY:**  
 Bagel With Cream Cheese  
 Yogurt With Mini Loaf PB&J  
 Graham Snackers Mini  
 Chocolate Or Powdered

