



Franklin Area High School

18-19

April Lunch Menu

LUNCH PRICES

STUDENT \$2.40
REDUCED \$0.40
ADULT \$3.95

What is a LUNCH Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread, choice of milk

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include:

Dark Green
spinach - broccoli
romaine - spring salad
Red - Orange
carrots - sweet potatoes
tomatoes - red peppers
Beans & Peas
Starchy
white potatoes
corn - peas
Other vegetables include
celery sticks - cucumbers green
peppers - green bean
iceberg lettuce - onion
zucchini - mushrooms

Daily Fruit Selections May Include:

Oranges - Apples - Bananas
Grapes - Pears - Peaches
Cantaloupe - Melon
Berries - Applesauce
Pineapple - Mixed Fruit
Mandarin Oranges

Daily entrée options may include:

Chicken Patty
Cheeseburger
Cheese Pizza
Assorted Salads and Wraps
made fresh daily.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose any Entrée	4/1/19	4/2/19	4/3/19	4/4/19	4/5/19
<i>Main Plate</i>	Roasted Pork	Popcorn Chicken Bowl	Swedish Meatballs w/ Noodles	Build your own Burger Bar	Baked Potatoes w/ Toppings
J. CLARK'S GRILLE	Mushroom Swiss Burger	Spicy Chicken Patty	Turkey and cheese Pretzel Roll	Corndog	BBQ Rib Patty
BRAVO!	Brunch Bar	Brunch Bar	Brunch Bar	Brunch Bar	Brunch Bar
VILLA TOSCANA	Sausage Pizza	Supreme Pizza	Sausage Pizza	Supreme Pizza	Sausage Pizza
UP FOR GRABS	Chili Dogs	Walking Tacos	Chicken Wings	Turkey Croissant	Ham BBQ
Featured Veggies	Steamed Peas	Mashed Potatoes	Mixed Vegetables	French Fries	Honey Carrots
	Red Pepper Strips	Buttered Corn	Quinoa & Bean Salad	Broccoli Salad	Mixed Green Salad
Featured Fruit	Oranges	Honeydew	Kiwi	Cantaloupe	Pineapple
Choose any Entrée	4/8/19	4/9/19	4/10/19	4/11/19	4/12/19
<i>Main Plate</i>	Chicken Stir Fry Noodle Bowl	Lasagna w/ Breadstick	Hot Turkey Sandwich	French Fry Poutine	Grilled Cheese
J. CLARK'S GRILLE	Bacon Cheeseburger	Grilled Chicken Sandwich	Ham n Cheese Pretzel Roll	Chicken Parm Sandwich	Turkey Burger
BRAVO!	Nacho Bar	Nacho Bar	Nacho Bar	Nacho Bar	Nacho Bar
VILLA TOSCANA	Pepperoni Pizza	Buffalo Chicken Pizza	Pepperoni Pizza	Buffalo Chicken Pizza	Pepperoni Pizza
UP FOR GRABS	Fresh Fruit and Yogurt Parfait with Granola	Pepperoni Rolls	Boneless Wings	Corndog	Mozzerella Stuffed Breadsticks
Featured Veggies	Vegetable Egg Roll	Caesar Salad	Scalloped Potatoes	Chick Pea Salad	Tomato Soup
	Roasted Squash & Asparagus	Green Beans	Peas	Roasted Tomatoes	Vegetable Pasta Salad
Featured Fruit	Oranges	Honeydew	Kiwi	Cantaloupe	Pineapple
Choose any Entrée	4/15/19	4/16/19	4/17/19	4/18/19	4/19/19
<i>Main Plate</i>	Spaghetti w/ Meatballs	Grilled Chicken and Quinoa with Vegetables	Asian Chicken Lettuce Wraps	Philly Cheesesteak	
J. CLARK'S GRILLE	Rodeo Burger	Chicken Tender Basket	Turkey Cheeze Croissant	Pizza Burger	
BRAVO!	Wok n Roll	Wok n Roll	Wok n Roll	Wok n Roll	
VILLA TOSCANA	Sausage Pizza	Cheeseburger Pizza	Sausage Pizza	Cheeseburger Pizza	
UP FOR GRABS	Chicken Tenders	Walking Tacos	Chicken Wings	Ham and Cheese Hoagie	
Featured Veggies	Garlic Zucchini	Mixed Vegetables	Potato Salad	Sweet Potato Fries	
	Broccoli Florets	Roasted Potatoes	Steamed Carrots	Grilled Peppers/Onions	
Featured Fruit	Oranges	Honeydew	Kiwi	Cantaloupe	
Choose any Entrée	4/22/19	4/23/19	4/24/19	4/25/19	4/26/19
<i>Main Plate</i>		French Toast Sticks Sausage	Chicken and Biscuits	Chicken Fajitas	Italian Dunkers w/ Marinara Sauce
J. CLARK'S GRILLE		Cordon Bleu Sandwich	Buffalo Popcorn Chicken	BBQ Ribby	Spicy Chicken Patty
BRAVO!		Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
VILLA TOSCANA		Chicken Bacon Ranch Pizza	Pepperoni Pizza	Chicken Bacon Ranch Pizza	Pepperoni Pizza
UP FOR GRABS		Pulled Pork Nachos	Chicken Wings	Grilled Chicken Wrap	Chili Cheese Dogs
Featured Veggies		Hashbrowns	Peas	Garlic Hummus	Steamed Broccoli
		Red Pepper Strips	Mashed Potatoes	Spinach Salad	Cherry Tomatoes
Featured Fruit		Honeydew	Kiwi	Cantaloupe	Pineapple
Choose any Entrée	4/29/19	4/30/19	5/1/19	5/2/19	5/3/19
<i>Main Plate</i>	Honey Sriracha Chicken	Stromboli			
J. CLARK'S GRILLE	Fiesta Burger	Grilled Ham n Cheese			
BRAVO!	Taco Bar	Taco Bar			
VILLA TOSCANA	Sausage Pizza	Hawaiian Pizza			
UP FOR GRABS	Classic Pizza Burgers	Pepperoni Rolls			
Featured Veggies	Honey Glazed Carrots	Caesar Salad			
	Mixed Green Salad	3 Bean Salad			
Featured Fruit	Oranges	Honeydew			

District menus are also posted on the FASD website, homepage/parent resources.

FASD - Food Service Director/GM fasdfoodservice@fasd.k12.pa.us

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