



Franklin Area High School

18-19

February Lunch Menu

LUNCH PRICES

STUDENT \$2.40
REDUCED \$0.40
ADULT \$3.95

What is a LUNCH Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread, choice of milk

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include:

Dark Green
spinach - broccoli
romaine - spring salad
Red - Orange
carrots - sweet potatoes
tomatoes - red peppers
Beans & Peas
Starchy
white potatoes
corn - peas
Other vegetables include
celery sticks - cucumbers green
peppers - green bean
iceberg lettuce - onion
zucchini - mushrooms

Daily Fruit Selections May Include:

Oranges - Apples - Bananas
Grapes - Pears - Peaches
Cantaloupe - Melon
Berries - Applesauce
Pineapple - Mixed Fruit
Mandarin Oranges

Daily entrée options may include:

Chicken Patty
Cheeseburger
Cheese Pizza
Assorted Salads and Wraps
made fresh daily.



District menus are also posted on the FASD website, homepage/parent resources.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Choose any Entrée	1/28/19	1/29/19	1/30/19	1/31/19	2/1/19	
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP TO 5 GRABS Featured Veggies Featured Fruit					Italian Dunkers w/ Marinara Sauce Spicy Chicken Patty Pasta Bar Pepperoni Pizza Chili Cheese Dogs Broccoli with Cheese Cherry Tomatoes Pineapple	
Choose any Entrée NEW!	2/4/19	2/5/19	2/6/19	2/7/19	2/8/19	
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP TO 5 GRABS Featured Veggies Featured Fruit	Monte Cristo Sandwich Fiesta Burger Taco Bar Sausage Pizza Pizza Burgers Peas and Carrots Mixed Green Salad Clementine	Stromboli Grilled Ham n Cheese Taco Bar Hawaiian Pizza Pepperoni Rolls Caesar Salad 3 Bean Salad Honeydew	Popcorn Chicken Roast Beef n Cheddar Taco Bar Sausage Pizza Boneless Wings Green Beans Sweet Potatoes Blueberry Cobbler	BBQ Ribby Bacon Cheeseburger Taco Bar Hawaiian Pizza Italian Sub Broccoli with Cheese BBQ Beans Cantaloupe	Cheese Ravioli w/ Marinara Sauce Grilled Chicken Sandwich Taco Bar Sausage Pizza Broccoli Cheddar Soup Mixed Vegetables Red Pepper Strips Pineapple	
Choose any Entrée NEW!	2/11/19	2/12/19	2/13/19	2/14/19	2/15/19	
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP TO 5 GRABS Featured Veggies Featured Fruit	General Tsos Chicken Over Brown Rice 1/4# Hotdog Deli Bar Pepperoni Pizza Meatball Sandwich Mixed Vegetables Tomato Corn Salad Clementine	Cuban Sandwich Turkey and Cheese Croissant Deli Bar 3 Meat Pizza Sloppy Joe Coleslaw Peas and Carrots Honeydew	Buffalo Chicken Dip w/ tortilla chips Hot Italian Hoagie Deli Bar Pepperoni Pizza Boneless Wings Celery Sticks Baby Carrots Blueberry Cobbler	Kilebasa and Pierogies Firecracker Chicken Deli Bar 3 Meat Pizza Pulled Pork Sandwich Broccoli with Cheese Spinach Salad Cantaloupe	Macaroni and Cheese w/ Dinner Roll Fish Sandwich Deli Bar Pepperoni Pizza Stuffed Crust Pizza Garlic Zucchini Green Peppers Pineapple	
Choose any Entrée NEW!	2/18/19	2/19/19	2/20/19	2/21/19	2/22/19	
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP TO 5 GRABS Featured Veggies Featured Fruit	No School		Popcorn Chicken Bowl Spicy Chicken Patty Brunch Bar Supreme Pizza Walking Tacos Mashed Potatoes Buttered Corn Honeydew	Hungarian Goulash Turkey and Cheese Pretzel Roll Brunch Bar Sausage Pizza Chicken Wings Broccoli with Cheese Peas and Carrots Blueberry Cobbler	Build your own Burger Bar Corndog Brunch Bar Supreme Pizza White Bean and Ham Soup French Fries Broccoli Salad Cantaloupe	Chicken Cordon Bleu BBQ Rib Patty Brunch Bar Sausage Pizza Turkey and Ham Club Honey Carrots Mixed Green Salad Pineapple
Choose any Entrée NEW!	2/25/19	2/26/19	2/27/19	2/28/19		
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP TO 5 GRABS Featured Veggies Featured Fruit	Chicken Stir Fry Noodle Bowl Bacon Cheeseburger Nacho Bar Pepperoni Pizza Fresh fruit and yogurt Vegetable Egg Roll Cherry Tomatoes Clementine	Lasagna w/ Breadstick Grilled Chicken Sandwich Nacho Bar Buffalo Chicken Pizza Pepperoni Rolls Caesar Salad Green Beans Honeydew	Hot Turkey Sandwich Ham n Cheese Pretzel Roll Nacho Bar Pepperoni Pizza Boneless Wings Mashed Potatoes Peas Blueberry Cobbler	Cheeseburger Mac Chicken Parm Sandwich Nacho Bar Buffalo Chicken Pizza Corndog Chick Pea Salad Roasted Tomatoes Cantaloupe		