



Franklin Area High School

18-19

March Lunch Menu

LUNCH PRICES

STUDENT \$2.40
REDUCED \$0.40
ADULT \$3.95

What is a LUNCH Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread, choice of milk

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

Weekly Vegetable Subgroups May Include:

Dark Green
spinach - broccoli romaine - spring salad
Red - Orange
carrots - sweet potatoes tomatoes - red peppers
Beans & Peas
Starchy
white potatoes corn - peas
Other vegetables include celery sticks - cucumbers green peppers - green bean iceberg lettuce - onion zucchini - mushrooms

Daily Fruit Selections May Include:

Oranges - Apples - Bananas Grapes - Pears - Peaches Cantaloupe - Melon Berries - Applesauce Pineapple - Mixed Fruit Mandarin Oranges

Daily entrée options may include:

Chicken Patty Cheeseburger Cheese Pizza Assorted Salads and Wraps made fresh daily.



District menus are also posted on the FASD website, homepage/parent resources.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choose any Entrée	2/25/19	2/26/19	2/27/19	2/28/19	3/1/19
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP FOR GRABS Featured Veggies Featured Fruit					Grilled Cheese Turkey Burger Nacho Bar Pepperoni Pizza Mozzarella Stuffed Breadsticks Tomato Soup Vegetable Pasta Salad Pineapple
Choose any Entrée	3/4/19	3/5/19	3/6/19	3/7/19	3/8/19
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP FOR GRABS Featured Veggies Featured Fruit	Spaghetti w/ Meatballs Rodeo Burger Wok n Roll Sausage Pizza Chicken Tenders Mixed Veggies Broccoli Florets Oranges	Chicken and Waffles 1/4# Hotdog Wok n Roll Pepperoni and Mushroom Pizza Walking Tacos Potato Salad Green Chile Corn Honeydew	Beef Stroganoff Turkey Cheeze Croissant Wok n Roll Sausage Pizza Loaded Pasta Salad Spinach Salad Steamed Peas and Carrots Kiwi	Philly Cheesesteak Pizza Burger Wok n Roll Pepperoni and Mushroom Pizza Sweet Soy Meatballs Sweet Potato Fries Grilled Peppers/Onions Cantaloupe	Jacked Up Fries Fish Sandwich Wok n Roll Sausage Pizza Chicken Salad Croissant Dill Cream Cucumbers Parm Roasted Cauliflower Pineapple
Choose any Entrée	3/11/19	3/12/19	3/13/19	3/14/19	3/15/19
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP FOR GRABS Featured Veggies Featured Fruit	Dippin Chicken Turkey Club Pasta Bar Pepperoni Pizza Turkey & Cheese on Pretzel Onion Rings Celery sticks Oranges	French Toast Sticks Sausage Cordon Bleu Sandwich Pasta Bar Chicken Bacon Ranch Pizza Ham and Cheese Hoagie Hashbrowns Red Pepper Strips Honeydew	Chicken and Biscuits Buffalo Popcorn Chicken Pasta Bar Pepperoni Pizza Chicken Wings Peas Mashed Potatoes Kiwi	Sheppards Pie Sausage Hoagie Pasta Bar Chicken Bacon Ranch Pizza Irish Potato Pancakes Green Bean Casserole Spinach Salad Cantaloupe	
Choose any Entrée	3/18/19	3/19/19	3/20/19	3/21/19	3/22/19
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP FOR GRABS Featured Veggies Featured Fruit	Monte Cristo Sandwich Fiesta Burger Taco Bar Sausage Pizza Pizza Burgers Baby Carrots Mixed Green Salad Oranges	Stromboli Grilled Ham n Cheese Taco Bar Buffalo Chicken Pizza Pepperoni Rolls Caesar Salad Green Bean Casserole Honeydew	Popcorn Chicken Roast Beef n Cheddar Taco Bar Sausage Pizza Boneless Wings Green Beans Sweet Potatoes Kiwi	BBQ Ribby Bacon Cheeseburger Taco Bar Buffalo Chicken Pizza Chicken Teriyaki Sub French Fries BBQ Beans Cantaloupe	Cheese Ravioli w/ Marinara Sauce Grilled Chicken Sandwich Taco Bar Sausage Pizza Chicken Pesto Flatbread Pizza Rainbow Vegetables Red Pepper Strips Pineapple
Choose any Entrée	3/25/19	3/26/19	3/27/19	3/28/19	3/29/19
<i>Main Plate</i> J CLARK'S GRILLE BRAVO! VILLA TOSCANA UP FOR GRABS Featured Veggies Featured Fruit	General Tsos Chicken Over Brown Rice 1/4# Hotdog Deli Bar Pepperoni Pizza Meatball Sandwich Steamed Broccoli Oranges	Cuban Sandwich Chicken Tenders Deli Bar 3 Meat Pizza Sloppy Joe Coleslaw Baked Beans Honeydew	Buffalo Chicken Dip w/ tortilla chips Sweet Soy Meatballs Deli Bar Pepperoni Pizza Boneless Wings Celery Sticks Baby Carrots Kiwi	Kilebasa and Pierogies Firecracker Chicken Deli Bar 3 Meat Pizza Pulled Pork Sandwich Sauerkraut Spinach Salad Cantaloupe	Macaroni and Cheese w/ Dinner Roll Fish Sandwich Deli Bar Pepperoni Pizza Stuffed Crust Pizza Garlic Zucchini Green Peppers Pineapple