



# Franklin Area High School

18-19

## May Lunch Menu



### LUNCH PRICES

STUDENT \$2.40  
REDUCED \$0.40  
ADULT \$3.95

### What is a LUNCH Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Meat or meat alternate, choice of vegetable, choice of fruit, grain/ bread, choice of milk

A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a reimbursable lunch!

### Weekly Vegetable Subgroups May Include:

**Dark Green**  
spinach - broccoli  
romaine - spring salad  
**Red - Orange**  
carrots - sweet potatoes  
tomatoes - red peppers  
**Beans & Peas**  
**Starchy**  
white potatoes  
corn - peas  
Other vegetables include  
celery sticks - cucumbers green  
peppers - green bean  
iceberg lettuce - onion  
zucchini - mushrooms

### Daily Fruit Selections

**May Include:**  
Oranges - Apples - Bananas  
Grapes - Pears - Peaches  
Cantaloupe - Melon  
Berries - Applesauce  
Pineapple - Mixed Fruit  
Mandarin Oranges

### Daily entrée options may include:

Chicken Patty  
Cheeseburger  
Cheese Pizza  
Assorted Salads and Wraps  
made fresh daily.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Choose any Entrée	4/29/19	4/30/19	5/1/19	5/2/19	5/3/19	
<i>Main Plate</i>			Popcorn Chicken	Baseball Diamond Hot Dogs	No School	
<b>J. CLARK'S GRILLE</b>			Roast Beef n Cheddar	Grilled Chicken Sandwich		
<b>BRAVO!</b>			Taco Bar	Taco Bar		
<b>VILLA TOSCANA</b>			Cheese, Pepperoni, Chicken Bacon Ranch, Buffalo Chicken Pizza			
<b>UP FOR GRABS</b>			Boneless Wings	Loaded Nachos	No School	
Featured Veggies			Green Beans	Rainbow Vegetables		
Featured Fruit	Sweet Potatoes	Onion Rings				
		Kiwi	Pineapple			
Choose any Entrée	5/6/19	5/7/19	5/8/19	5/9/19	5/10/19	
<i>Main Plate</i>	General Tsos Chicken Over Basmati Rice	Apple BBQ Pork	Buffalo Chicken Dip w/ tortilla chips	Kilebasa and Pierogies	Macaroni and Cheese w/ Corn Bread	
<b>J. CLARK'S GRILLE</b>	Chicken Tenders	Fish Sticks	Personal Pizza	Firecracker Chicken	Fish Sandwich	
<b>BRAVO!</b>	Deli Bar	Deli Bar	Deli Bar	Deli Bar	Deli Bar	
<b>VILLA TOSCANA</b>	Cheese, Pepperoni, Chicken Bacon Ranch, Buffalo Chicken Pizza					
<b>UP FOR GRABS</b>	Meatball Sandwich	Sloppy Joe	Chicken Wings	Pulled Pork Sandwich	Stuffed Crust Pizza	
Featured Veggies	Steamed Broccoli	Coleslaw	Celery Sticks	Carmelized Onion	Garlic Zucchini	
Featured Fruit	Tomato Corn Salad	Baked Beans	Baby Carrots	Spinach Salad	Green Peppers	
	Watermelon	Honeydew	Kiwi	Cantaloupe	Pineapple	
Choose any Entrée	5/13/19	5/14/19	5/15/19	5/16/19	5/17/19	
<i>Main Plate</i>	Roasted Pork	Popcorn Chicken Bowl	Cheese Tortellini in Garlic Sauce	Build your own Burger Bar	Baked Potatoes w/ Toppings	
<b>J. CLARK'S GRILLE</b>	Rodeo Burger	Spicy Chicken Patty	Turkey & Cheese Pretzel Roll	Corndog	BBQ Rib Patty	
<b>BRAVO!</b>	Brunch Bar	Brunch Bar	Brunch Bar	Brunch Bar	Brunch Bar	
<b>VILLA TOSCANA</b>	Cheese, Pepperoni, Chicken Bacon Ranch, Buffalo Chicken Pizza					
<b>UP FOR GRABS</b>	Chili Dogs	Walking Tacos	Boneless Wings	Turkey Croissant	Ham BBQ	
Featured Veggies	Steamed Peas	Mashed Potatoes	Broccolini	French Fries	Honey Carrots	
Featured Fruit	Warm Stuffing	Buttered Corn	Tomato and Basil Salad	Broccoli Salad	Mixed Green Salad	
	Watermelon	Honeydew	Kiwi	Cantaloupe	Pineapple	
Choose any Entrée	5/20/19	5/21/19	5/22/19	5/23/19	5/24/19	
<i>Main Plate</i>	Chicken Stir Fry	Lasagna w/ Breadstick	Hot Turkey Sandwich	Italian Sausage w/ Peppers and Onions	Grilled Cheese with Tomato Soup	
<b>J. CLARK'S GRILLE</b>	Greek Gyro	Grilled Chicken Sandwich	Ham n Cheese Pretzel Roll	Chicken Parm Sandwich	Turkey Burger	
<b>BRAVO!</b>	Nacho Bar	Nacho Bar	Nacho Bar	Nacho Bar	Nacho Bar	
<b>VILLA TOSCANA</b>	Cheese, Pepperoni, Chicken Bacon Ranch, Buffalo Chicken Pizza					
<b>UP FOR GRABS</b>	Fresh fruit and yogurt	Pepperoni Rolls	Chicken Wings	Corndog	Mozerella Stuffed Breadsticks	
Featured Veggies	Vegetable Egg Roll	Caesar Salad	Mashed Potatoes	Chick Pea Salad	California Vegetables	
Featured Fruit	Basmati Rice	Green Beans	Peas	Roasted Tomatoes	Vegetable Pasta Salad	
	Watermelon	Honeydew	Kiwi	Cantaloupe	Pineapple	
Choose any Entrée	5/27/19	5/28/19	5/29/19	5/30/19	5/31/19	
<i>Main Plate</i>		Grilled Chicken and Quinoa with Vegetables	Asian Chicken Lettuce Wraps	Philly Cheesesteak	Jacked Up Fries	
<b>J. CLARK'S GRILLE</b>		Chicken Tender Basket	Turkey Cheeze Croissant	Classic Pizza Burger	Fish Sandwich	
<b>BRAVO!</b>		Wok n Roll	Wok n Roll	Wok n Roll	Wok n Roll	
<b>VILLA TOSCANA</b>		Cheese, Pepperoni, Chicken Bacon Ranch, Buffalo Chicken Pizza				
<b>UP FOR GRABS</b>		Walking Tacos	Boneless Wings	Ham and Cheese Hoagie	Chicken Salad Croissant	
Featured Veggies		Mixed Vegetables	Potato Salad	Sweet Potato Fries	Dill Cream Cucumbers	
Featured Fruit	Roasted Potatoes	Steamed Carrots	Grilled Peppers/Onions	Parm Roasted Cauliflower		
	Honeydew	Kiwi	Cantaloupe	Pineapple		

District menus are also posted on the FASD website, homepage/parent resources.

FASD - Food Service Director/GM fasdfoodservice@fasd.k12.pa.us

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