

What is a Meal?
You must choose of at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**

Fresh Entree Salad of the Week



Craveable of the Week which could include:
Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..



Lunch Prices
Student \$2.30
Reduced \$.40
Adult \$3.95

General Manager
Tim Gilbert
Phone Number
(814) 432-2121
Email
gilbertt@fasd.k12.pa.us

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Monday 28	Taco Tuesday 29	Wednesday 30	Thursday 31	Pizza Friday! 1
<p>4 Popcorn Chicken w/ Roll Breadstick Dipper Craveable Chef Salad Featured Veggies: Mashed Potatoes & Gravy Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>5 Nachos Grande over Tortilla Chips Breadstick Dipper Craveable Chef Salad Featured Veggies: Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>6 Breakfast for Lunch! Waffles with Sausage Patties Breadstick Dipper Craveable Chef Salad Featured Veggies: Hash Brown Potato Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>7 Chicken Patty On a Bun or Breadstick Dipper Craveable Chef Salad Featured Veggies: Steamed Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>8 Toasted Pepperoni Pizza Flatbread Sandwich Breadstick Dipper Craveable Chef Salad Featured Veggies: Diced Tomatoes Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>11 Chicken Nuggets w/ Dinner Roll Yogurt Craveable Chef's Salad Featured Veggies: Oven Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>12 Walking Taco w/ Roll Yogurt Craveable Chef's Salad Featured Veggies: Green Beans Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>13 Hot Dog On a Roll Yogurt Craveable Chef's Salad Featured Veggies: Scalloped Potatoes Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>14 Toasted Cheese Sandwich Yogurt Craveable Chef's Salad Featured Veggies: Tater Tots Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>15 No School Friday!! </p>
<p>18  No School</p>	<p>19 Macaroni & Cheese or Walking Taco Craveable Chef's Salad Featured Veggies: California Blend Cherry Tomatoes Featured Fruit Choice of Milk</p>	<p>20 Wok N Roll Asian Sesame Chicken Over Rice Walking Taco Craveable Chef's Salad Featured Veggies: Steamed Broccoli and Cheese Carrot Sticks Featured Fruit Choice of Milk</p>	<p>21 Hot Ham and Cheese On a Pretzel Roll Walking Taco Craveable Chef's Salad Featured Veggies: Mashed Potatoes and Gravy Caesar Side Salad Featured Fruit Choice of Milk</p>	<p>22 Cheesy Pizza Sticks with dipping sauce Walking Taco Craveable Chef's Salad Featured Veggies: Oven Fries Celery Sticks Featured Fruit Choice of Milk</p>
<p>25 Chicken Nuggets w/ Buttered Noodles Superfruit Craveable Chef's Salad Featured Veggies: Baked Beans Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>26 Nachos Grande w/ Chicken Tortilla Chips Superfruit Craveable Chef's Salad Featured Veggies: Mixed Vegetables Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>27 Fish Sticks with Dinner Roll Superfruit Craveable Chef's Salad Featured Veggies: Oven Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>28 "County Fair Day" Corn Dog Superfruit Craveable Chef's Salad Featured Veggies: Curly Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>29 Pepperoni Pizza Superfruit Craveable Chef's Salad Featured Veggies: Oven Browned Sweet Potato Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>1 Chicken Patty Sandwich M.Y.O. Pizza Craveable Chef's Salad Featured Veggies: Roasted Cauliflower Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>2 Walking Taco Pretzel Sticks M.Y.O. Pizza Craveable Chef's Salad Featured Veggies: Mexicali Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>3 Sloppy Joe on Aloha Roll M.Y.O. Pizza Craveable Chef's Salad Featured Veggies: Tater Tots Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>4 Pasta Day Chicken Alfredo With Garlic Knot M.Y.O. Pizza Craveable Chef's Salad Featured Veggies: Steamed Broccoli Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>5 Stuffed Crust Pizza M.Y.O. Pizza Craveable Chef's Salad Featured Veggies: Steamed Peas and Carrots Featured Fresh Vegetable Featured Fruit Choice of Milk</p>