

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage
Featured Fruit May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.**

Fresh Entree Salad of the Week




Craveable of the Week which could include:
Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Lunch Prices
Student \$0.00
Reduced \$0.00
Adult \$3.95

General Manager
Tim Gilbert
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Pizza Friday!
<p>3</p> <p>Cheese Burger On a Bun</p> <p>Nacho Craveable Chef's Salad</p> <p>Featured Veggies: Steamed Broccoli Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>4</p> <p>Chicken and Bacon Sandwich</p> <p>Nacho Craveable Chef's Salad</p> <p>Featured Veggies: Steamed Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>5</p> <p>"Breakfast for Lunch" French Toast Sticks w Sausage Patties Nacho Craveable Chef's Salad</p> <p>Featured Veggies: Tri Patty Taters Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>6</p> <p>BLT Sandwich on Sliced Bread</p> <p>Nacho Craveable Chef's Salad</p> <p>Featured Veggies: Spanish Rice Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>7</p> <p>NO SCHOOL FRIDAY</p>
<p>10</p> <p>Popcorn Chicken w/ Roll</p> <p>Breadstick Dipper Craveable Chef Salad</p> <p>Featured Veggies: Mashed Potatoes & Gravy Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>11</p> <p>Nachos Grande over Tortilla Chips</p> <p>Breadstick Dipper Craveable Chef Salad</p> <p>Featured Veggies: Mashed Potatoes and Gravy Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>12</p> <p>Breakfast for Lunch! Waffles with Sausage Patties Breadstick Dipper Craveable Chef Salad</p> <p>Featured Veggies: Hash Brown Potato Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>13</p> <p>BBQ Pork Ribby On a Bun or Breadstick Dipper Craveable Chef Salad</p> <p>Featured Veggies: Steamed Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>14</p> <p>Toasted Pepperoni Pizza Flatbread Sandwich</p> <p>Breadstick Dipper Craveable Chef Salad</p> <p>Featured Veggies: Diced Tomatoes Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>17</p> <p>Chicken Nuggets w/ Dinner Roll</p> <p>Yogurt Craveable Chef's Salad</p> <p>Featured Veggies: Oven Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>18</p> <p>Walking Taco w/ Roll</p> <p>Yogurt Craveable Chef's Salad</p> <p>Featured Veggies: Green Beans Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>19</p> <p>Hot Dog On a Roll</p> <p>Yogurt Craveable Chef's Salad</p> <p>Featured Veggies: Scalloped Potatoes Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>20</p> <p>Toasted Cheese Sandwich with Tomato Soup</p> <p>Yogurt Craveable Chef's Salad</p> <p>Featured Veggies: Steamed Peas Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>21</p> <p>Pizza Bagel</p> <p>Yogurt Craveable Chef's Salad</p> <p>Featured Veggies: Roasted Sweet Potatoes Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>24</p> <p>Turkey & Cheese Melt On a Croissant</p> <p>Grilled Chicken Craveable Chef's Salad</p> <p>Featured Veggies: Roasted Zucchini Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>25</p> <p>Macaroni & Cheese or Grilled Chicken Craveable Chef's Salad</p> <p>Featured Veggies: California Blend Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>26</p> <p>Wok N Roll Asian Sesame Chicken Over Rice Grilled Chicken Craveable Chef's Salad</p> <p>Featured Veggies: Steamed Broccoli and Cheese Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>27</p> <p>Hot Ham and Cheese On a Pretzel Roll</p> <p>Grilled Chicken Craveable Chef's Salad</p> <p>Featured Veggies: Mashed Potatoes and Gravy Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>28</p> <p>Cheesy Pizza Sticks with dipping sauce</p> <p>Grilled Chicken Craveable Chef's Salad</p> <p>Featured Veggies: Oven Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>31</p> <p></p>	<p>1</p> <p>Chicken Burrito</p> <p>Turkey and Cheese Cube Craveable Chef's Salad</p> <p>Featured Veggies: Mixed Vegetables Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>2</p> <p>Fish Sticks with Dinner Roll</p> <p>Turkey and Cheese Cube Craveable Chef's Salad</p> <p>Featured Veggies: Oven Fries Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>3</p> <p>"County Fair Day" Corn Dog</p> <p>Turkey and Cheese Cube Craveable Chef's Salad</p> <p>Featured Veggies: Green Beans Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>4</p> <p>Pepperoni Pizza</p> <p>Turkey and Cheese Cube Craveable Chef's Salad</p> <p>Featured Veggies: Cauliflower Featured Fresh Vegetable Featured Fruit Choice of Milk</p>
<p>7</p> <p>Chicken Patty Sandwich</p> <p>M.Y.O. Pizza Craveable Chef's Salad</p> <p>Featured Veggies: Roasted Cauliflower Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>8</p> <p>BBQ Pulled Chicken Sandwich</p> <p>M.Y.O. Pizza Craveable Chef's Salad</p> <p>Featured Veggies: Mexicali Corn Featured Fresh Vegetable Featured Fruit Choice of Milk</p>	<p>9</p>	<p>10</p>	<p>11</p>
<p>HAPPY SUMMER VACATION!</p>				